

PEBTF BENEFIT NEWS

for Retiree Members

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Welcome to your 2026 Retired Employees Health Program (REHP) benefits. For 2026, all medical benefits for both non-Medicare and Medicare retirees are provided by Aetna. The prescription drug plans remain the same – non-Medicare members have the CVS Caremark prescription drug plan and Medicare members have SilverScript.

While you continue to have excellent health benefits, this issue highlights the extra benefits that are offered to you as a retiree. Refer to the section that pertains to you.

Medicare Eligible Retirees



Aetna Medicare Open Access Offers Extra Programs

Here is a quick reminder of the additional programs available to you as part of your Aetna Medicare Open Access PPO:

- **Healthy Rewards & Healthy Home Visit** – watch your mail for some exciting changes to this program from Aetna.
- **Meal Delivery** – 14 meals delivered to your home after you are discharged from the hospital.
- **Transportation** – 40, one-way rides for trips to and from medical appointments.
- **OTC Benefit** – an allowance of \$30 for OTC health and wellness products. You should have received the OTC catalog in January.
- **Personal Emergency Response System – Medical Alert** – medical alert system and monthly monitoring through LifeStation at no extra cost.
- **Hearing Aid Reimbursement** – \$2,000 a year reimbursement for hearing aids. Call NationsHearing at 1-877-225-0137 (TTY: 711) and they will schedule your hearing exam with a participating provider in your area.
- **Vision Allowance** – \$175 reimbursement every 24 months for lenses, frames or contact lenses. Visit any provider and submit the itemized receipt to Aetna.
- **Silver Sneakers** – free gym membership to any SilverSneakers participating fitness facility. Or get moving from the comfort of your own home with online classes.

For more information about any of these programs, visit www.pebtf.org or contact Aetna at 1-888-272-5651 (TTY:711). The phone number is also available on your Aetna ID card.

WELLNESS & LONGEVITY 2026

Non-Medicare Eligible Retirees

Aetna Offers Programs to Improve Your Health

Aetna offers these Personal Health Solutions Programs – and all the programs are at no additional cost!*

You will find these Personal Health Solutions Programs:

- **Weight Management** – a variety of programs, based on your needs, the type of program you would like, etc.
- **Cardiometabolic** – help with blood pressure and diabetes. Diabetic members who were in the Livongo program can transition to a new program.
- **Digestive Health*** – addresses a spectrum of gastrointestinal conditions ranging from mild food sensitivities to complex digestive disorders. An office visit copay is required to participate in the OSHI Health Program. Copay amounts differ between the PPO and Custom HMO.
- **Women's Health** – comprehensive care for women's health concerns across all life stages.
- **Tobacco Cessation** – help in quitting tobacco products.
- **Muscle & Joint Home Physical Therapy Program** – the Hinge Health Program continues in 2026 with access to virtual physical therapy programs which can help if you are experiencing pain in the back, neck, shoulder, wrist, hip, knee, ankle or pelvic area.

To get started, go to www.AetnaPersonalHealthSolutions.com and log in. If it's your first time logging into the Aetna site, you'll need the number on your Aetna ID card.

Discount Programs Offered by Aetna and Optum

Is this the year that you devote more time to exercise and getting fit? Your Aetna medical plan and Optum mental health and substance use program both offer discounts to help meet your goals.

Aetna Health & Wellness Discounts: Save on gym memberships, fitness gear, meal programs, travel and more! Log into aetna.com and select the Health & Wellness tab to see everything that is offered.

Aetna teamed up with Active&Fit Direct to give you access to gyms and fitness centers in your area. The standard membership is \$28/month (an enrollment fee may also apply). You'll even find a premium feature that gives you discounts on classes at boutique studios such as Pure Barre, Club Pilates, Orangetheory, and more.

If you want to enroll in more than one gym, you'll have the option to purchase additional gym memberships with a \$5 discount off the monthly fee. For example, if you have one standard gym membership (\$28) and purchase one additional standard gym membership (\$23) through Active&Fit Direct, your total monthly payment would be \$51.

Optum – One Pass Select: One Pass Select gives you the flexibility to use multiple gyms or fitness centers monthly. To get started, visit OnePassSelect.com. You will be asked to complete some demographic info. If you already have a password on Optum's LiveandWorkWell.com (access code: Pennsylvania), it will show your user ID. Just enter **your password**.

You can search for gyms in your area. Then, choose a monthly membership tier that works for you, with the most popular membership of \$34/month (with a \$29 enrollment fee).

Both sites have FAQs that will help to answer any questions you may have.

Your Prescription Drug Plan Offers Savings

The REHP Prescription Drug Plan is provided by CVS Caremark. Visit a network retail pharmacy for prescription drugs up to a 30-day supply. Obtain a 90-day supply at mail order, CVS Pharmacy, Costco or Kroger, which will save you money if you take a prescription drug on an ongoing basis.

In addition to low prescription drug copays, CVS offers more ways to save money:

CVS® ExtraCare Plus™ – Offered free to Aetna PPO and Custom HMO Subscribers

As an Aetna member, you have access to a discount program that will help you save money on over-the-counter items at CVS. Log on to aetna.com and you'll see a box, **Save with ExtraCare Plus**.

ExtraCare Plus™ includes:

- \$10 monthly bonus award to spend in store or on CVS.com (some exclusions apply)
- 2% back in ExtraBucks Rewards on every purchase, birthday reward and personalized deals and rewards
- Free shipping on eligible items on CVS.com and prescription orders
- 20% off CVS Health® brand products
- 24/7 Pharmacist Helpline

Automatic Savings When You Fill a Prescription

Caremark Cost Saver™ gives you automatic access to GoodRX, RXPartner and RX Sense prescription drug pricing, which allows you to pay lower prices, when available, on many common generic medications right at the pharmacy counter. Just use your CVS Caremark ID card at a network pharmacy. No action is required – any savings will automatically apply.

RxSavingsPlus – Save on Non-Covered Medications

Beginning on April 1, 2026, you can save on medications that aren't covered under your PEBTF Prescription Drug Plan. You will save up to 85% on generic medications and up to 37% on brand-name medications with CVS Caremark's RxSavingsPlus at a participating pharmacy – check with CVS Caremark to see what non-covered medications are included in the program. You can even get discounts on medications for your pets.

At the pharmacy, present your CVS Caremark ID card and the prescription for the non-covered medication. You will pay for the medication minus any discounts you may receive.



PrudentRx – Provides Specialty Medications at \$0 Cost

CVS Caremark® has collaborated with PrudentRx on a program that saves you money on eligible specialty medications.

Sign up to get your specialty medications at \$0 out-of-pocket cost. A PrudentRx representative will call you to assist with enrollment. Or, you may call 1-800-578-4403 to get started.

If you do not sign up for PrudentRx, you will have high out-of-pocket costs – you will be responsible for 30% coinsurance.

You will continue to use CVS Caremark specialty care pharmacy or a CVS pharmacy to obtain these medications.

What are Specialty Medications?

Specialty medications are used to treat complex health conditions, such as cancer, hepatitis, kidney disease, rheumatoid arthritis or multiple sclerosis, as well as other medical conditions. Specialty medications may require special handling (such as refrigeration) and may be given by injection or infusion.

Local: 717-561-4750
 Toll Free: 800-522-7279

PEBTF telephone hours:
 8 a.m. to 5 p.m.
 Monday through Friday

This newsletter is available in an alternative format.
 Please contact the PEBTF to discuss your needs.

Find us on Facebook, PEBTF, for wellness and
 benefit information.



This newsletter may contain a general description of the Plan. It is provided for informational purposes only and should not be viewed as a contract, offer of coverage, confirmation of eligibility or investment, tax, medical or other advice. In the event of a conflict between this newsletter and the official plan document, the official plan document will control however, to the extent expressly stated, an article may modify the provisions of the REHP Benefits Handbook. The Commonwealth reserves the right to amend, modify or terminate the terms of the Plan, including any options available under the Plan, at any time and for any reason, with or without prior notice.

All Retirees

PEBTF May Cancel Your Coverage for Fraud or Intentional Misrepresentation

Important: If you intentionally provide false or misleading information about eligibility for coverage under the PEBTF Plan (or about a claim) or you fail to make a required contribution on time, your coverage may be terminated retroactively. This may occur, for example, if you file a false claim, fail to notify us promptly of a divorce, or fail to submit timely proof of birth or adoption that verifies your relationship with a new child whom you have added as a dependent.

Check Out the Updated PEBTF Website

We are excited to introduce our new and improved website! With a fresh look, easier navigation and enhanced features, it's now simpler than ever to find information about your important health benefits and stay connected with us. Visit www.pebtf.org to check it out!

Our secure accessPEBTF area allows you to check eligibility. Just click on Log In/Register at the top right of the home page. If you already have a login and password, enter that and you will be prompted to reset your password.

Visit www.pebtf.org to check it out!

