

PEBTF'S GET HEALTHY PROGRAM

2025 Know Your Numbers Wellness Screenings

July 1, 2025 – December 31, 2025
Registration Opens July 1



COMPLETE A WELLNESS SCREENING AND SAVE MONEY!

Your wellness screening includes:

- Blood draw that tests for cholesterol and blood glucose (sugar) levels (includes A1C test)
- Height, weight and blood pressure measurements

Complete your wellness screening by December 31, 2025, to qualify for the savings for July 1, 2026 through June 30, 2027. The health care contribution increases to 6% of your gross base salary. To save money, complete a wellness screening and pay just 3%. *

REGISTRATION OPENS JULY 1

Three convenient ways to obtain your wellness screening:

- Quest Diagnostics® Patient Service Center (PSC)
- Onsite screenings at select commonwealth worksites
- Your doctor's office; upload or fax your completed form to Quest Diagnostics by December 31, 2025

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REGISTER ONLINE:

- Go to www.pebtf.org on or after July 1.
- Click on the Get Healthy logo on the left side of the home page and follow the instructions. You will need to include an email address.

REGISTER BY PHONE:

If you do not have email or Internet access, call Quest Diagnostics® to register for a wellness screening or request a Physician Results Form at 1-844-598-7966, Monday – Friday, 8 a.m. – 8 p.m. EST and Saturday 8:30 a.m. – 3 p.m. EST.

QUESTIONS?

Contact the PEBTF at 717-561-4750 or 1-800-522-7279 or visit www.pebtf.org to view FAQs, Helpful Tips, etc.

*For details, refer to your applicable collective bargaining agreement/ memorandum of understanding.

The PEBTF complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-522-7279 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-522-7279 (TTY: 711)。



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