Is it simple to get health discounts?

Yes. All you need is your member ID card, or use the online services available. No referrals are needed. There is no charge for using the Accessories Program. It’s part of your insurance plan.

Your health plan may already cover some services available through the Accessories Program. You should exhaust your covered benefits first, before taking advantage of the Accessories Program.

More information on the Accessories Program is just a click or phone call away.

Visit TheHealthPlan.com
- Log in
- Click on “Member Health & Wellness”
- Click on “Accessories Program” and agree to the terms and conditions
- Start taking advantage of your discounts

Questions? Call us at the number on the back of your member ID card, or use the numbers below for specific discounts and services:
- ASH Networks 877-335-2746
- EyeMed Vision Care 866-559-5252
- U.S. Laser Network 877-552-7376

Take advantage of the Accessories Program and save on:
- Fitness center memberships
- Eyeglasses
- Contact lenses
- Chiropractic care
- Massage therapy

Search Geisinger Health Plan

Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-447-4000 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-447-4000 (TTY: 711).

Geisinger Health Plan may refer collectively to Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted.
Health & fitness savings stretch your benefits

With the Accessories Program, you can get discounts on everyday health-related items, as well as tools to help you stay fit. Combine these discounts with your access to our excellent network of healthcare providers and a variety of wellness and health management programs to get the most from your coverage.

What health discounts are available?

If you want to lose a few pounds, join a gym, or purchase eyeglasses or contact lenses, take a look. You can get discounts on the following services and products:

- **Fitness center discounts** – Receive a discount on memberships at participating fitness centers. See the most up-to-date list of these centers on TheHealthPlan.com.
- **Weight Watchers®** – If you need help taking off a few pounds, consider joining Weight Watchers®. The program teaches you how to lose weight safely and keep it off through a combination of support and flexible food, activity and maintenance plans.
- **Activities** – Members can receive discounts on activities such as skiing, golfing, spa treatments and visiting amusement parks.
- **Safe Beginnings®** – Save 15 percent on select child and family safety products, as well as baby care accessories. Receive online discounts on a large selection of childproofing and family safety items, such as safety gates, cabinet locks, outlet covers, window guards, fire escape ladders and first aid kits. You will also find specialty baby and toddler products such as car seats, a European feeding chair and an infant safe play mat. For a complete list of products, visit the Accessories Program section of our website, or call customer service at the number on the back of your member ID card.
- **Breast pumps** – Receive discounts on breast pumps, breastfeeding accessories, and health and safety items from Medline Industries by calling 866-356-4997. Email geisingerhp@awaybayessentials for special pricing on Medela breast pumps.
- **Cosmetic surgery discount** – Receive a 5 percent discount on surgical fees for select elective cosmetic surgery procedures performed at certain Geisinger Health System locations. Discount does not apply to consultation, anesthesia, or facility charges. Elective cosmetic surgeries are not a covered insurance benefit. View a list of all locations and procedures included by visiting our website. If you have any questions on services included in this discount, please contact our customer service team using the number on the back of your member ID card.
- **Laser vision correction** – Save 15 percent off the regular price for LASIK and PRK treatments (or 5 percent off promotional prices) through U.S. Laser Network. This includes pre- and post-operative care. LASIK and PRK procedures must be performed at a LasikPlus Center to receive discounts. Pre- and post-operative care may be received from other providers, but members will be responsible for costs.

What about health services and products?

ChooseHealthy™ provides discounts on complementary healthcare services through American Specialty Health (ASH) Networks. The complete list of ASH Networks can be found on TheHealthPlan.com.

- **Chiropractic care** – Many people find chiropractic treatment to be beneficial, especially for ailments such as lower back pain and headaches originating in the neck. Receive a 25 percent discount off the usual fee for services from any ASH Networks chiropractor. This includes mobilization and adjustment of tissues and joints. It may also include X-rays, ultrasound, cold pack treatments or electrical muscle stimulation.
- **Massage therapy** – It’s often used to alleviate stress and boost blood flow. Visit any ASH Networks massage therapist and receive a 25 percent discount on fees.
- **Acupuncture** – Used to treat back pains, headaches, chronic pain and neurological disorders, acupuncture is a way to modify or prevent pain. Receive a 25 percent discount from ASH Networks providers.
- **Fitness centers** – In addition to our own fitness center network, members have access to fitness centers discounts through ASH Networks.
- **Health products** – Receive a 15 to 40 percent discount through ChooseHealthy™, plus free standard shipping on health products, including vitamins, nutritional supplements, exercise DVDs and much more. (Products are available through ASH Networks.)

Are vision services included?

Yes. You can cut costs on vision care products and services.

- **Eyewear and eye exams** – The Accessories Program offers you substantial savings on eye exams and eyewear. Participating retail locations include LensCrafters®, Target Optical and most Pearle Vision and Sears Optical locations, as well as independent providers. Our members receive a $5 discount on eyeglass examinations and $5 off contact lens exams. Discounts are available on eyeglass lenses, frames, coatings, tints and lens treatments.
- **Mail order contact lenses** – You can receive replacement conventional lenses by mail. Ordering is easy, either online at eyemedcontacts.com/lens or by calling EyeMed Vision Care at 800-508-1399. The contact lenses will be shipped directly to you. Lenses are 100 percent guaranteed. (Other Accessories Program discounts do not apply.)
- **Laser vision correction** – Save 15 percent off the regular price for LASIK and PRK treatments (or 5 percent off promotional prices) through U.S. Laser Network. This includes pre- and post-operative care. LASIK and PRK procedures must be performed at a LasikPlus Center to receive discounts. Pre- and post-operative care may be received from other providers, but members will be responsible for costs.

*ChooseHealthy is a trademark of American Specialty Health Networks, Inc. ChooseHealthy is a discount program. It is not insurance. ChooseHealthy provides discount complementary healthcare services from participating providers. You are obligated to pay for all healthcare services but will receive a discount from those healthcare providers who have contracted with the discount plan. ChooseHealthy does not make payments directly to participating providers in the discount plan. ChooseHealthy has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered.