



2016 PEBTF Active Open Enrollment

Changes for Plan Year 2017 (effective January 1, 2017)



Agenda

- Background
- Benefit changes for 2017
- Health plan options
- Prescription drug benefits
- Other benefits
- Making the right decision for you and your family
- Enrollment
- Additional Information



Background

- There have been no copayment or deductible significant changes since 2003
- Member utilization has remained fairly flat but health care costs continue to increase
- Prescription drug costs continue to increase
 - Specialty drug costs increased 17.8% in 2015
 - 70 new specialty drugs under development targeting conditions such as cardiovascular disease, cancer, respiratory illness and diabetes as well as other diseases

Background

- Provide excellent health benefits
- Keep employee and employer contributions low
- Keep PPO buy-up for employees hired on or after 8/1/2003 as low as possible
- Preserve the financial viability of the PEBTF

Benefit Changes for 2017

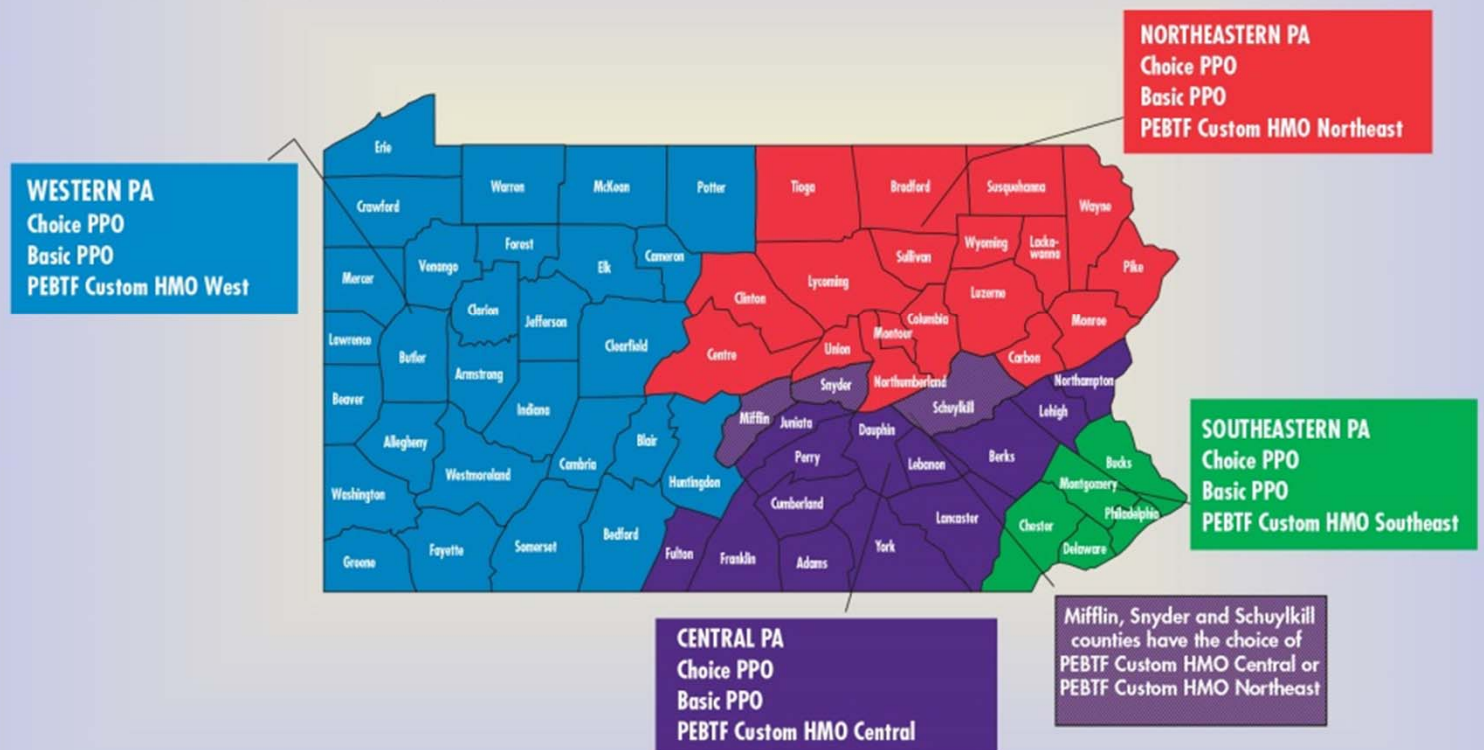
- New plan options
 - Choice PPO
 - Basic PPO
 - PEBTF Custom HMO (offered in Pennsylvania)
- Benefit design changes
 - Plan buy-up for Choice PPO decreases for employees **hired on/after 8/1/2003**
 - Copay changes
 - PPO in-network deductible on some services
- CDHP no longer offered
 - Expenses incurred in 2016 must be submitted for reimbursement from health reimbursement account (HRA) by 3/31/2017
- Prescription drug plan copay changes
- Get Healthy Employee Contribution Waiver

Employees hired
prior to 8/1/2003
do not have a
buy-up

Plans by Region

Plan Choices by Region

You may choose a plan that is offered in your region. If you live out of state, you may enroll in the Choice PPO or the Basic PPO.



PPO Options

- Choice PPO (Aetna)
 - Offered in all regions
- Basic PPO (Highmark)
 - Offered in all regions
- Flexible
 - In-network and out-of-network benefits
 - You receive greater benefits when you use in-network providers
 - A referral is not required to see a specialist or to receive care outside of the network
- Preventive care covered at 100%
 - Refer to Summary Plan Description for a list of covered services
- Very important that you take a look at the plan's network of providers and facilities to ensure that your primary care physician and other providers (e.g., hospitals, physical therapists, urgent care) are in-network before enrolling in either plan

PPO Options — Copayments

- PPO copayments are the same for both plans

PPO Options effective January 1, 2017	
PCP Copay	\$20
Specialist Copay	\$40
Urgent Care	\$50
Emergency Room (waived if admitted)	\$150

PPO Options — Deductible

- Annual deductible amounts both in and out of network

	Choice PPO (Aetna)	Basic PPO (Highmark)
In-network	\$300 single/\$600 family* (on certain services)	\$1,000 single/\$2,000 family* (on certain services)
Out-of-network	\$600 single/\$1,200 family *	\$2,000 single/\$4,000 family*

*Each individual is responsible for his/her single deductible; see limit above for the most a family would have to pay in deductibles

What Is a Deductible?

- The amount a member owes for health care services before the plan begins to pay
 - Effective January 1, 2017 – plans will have an annual in-network deductible
 - The PPO plans also have an out-of-network deductible (not new)
 - The HMO plan has no deductible. If you go out of network, you pay 100% of costs
- Deductible applies to all services **except**
 - Preventive care
 - Primary care physician and specialist office visits and outpatient therapy copays
 - Emergency room and urgent care copays
 - Labs done at a Quest Diagnostics or LabCorp

Understanding the Deductible

	Yes	No
Primary Care Physician (Regardless of Diagnosis)		✓
Specialist		✓
Immunizations		✓
Preventive Care		✓
Annual Physical/Well Visit		✓
Inpatient Facility/Surgical	✓	
Outpatient Facility/Surgical	✓	
Diagnostic Imaging (X-Ray, MRI, CAT-Scan, PET)	✓	
Lab (bloodwork)	✓	
Lab (bloodwork at Quest or Labcorp)		✓

PPO – When You Will Pay the Annual In-Network Deductible

Examples include, but are not limited to:

- You have outpatient surgery at a PPO in-network hospital
 - You pay the in-network deductible and then the plan pays 100%
 - Choice PPO – \$300 single/\$600 family
 - Basic PPO – \$1,000 single/\$2,000 family
- Blood test at an in-network hospital
 - You pay for the cost of services which are applied toward your annual deductible. Once your deductible is met, the plan pays 100%

PPO – When You Will Not Pay the Annual In-Network Deductible

Examples include, but are not limited to:

- You visit your primary care physician (PCP; your family doctor) for an ear infection
 - No deductible – pay PCP office visit copay of \$20
- You visit an orthopedic surgeon
 - No deductible – pay the specialist office copay of \$40
- Blood test at Quest Diagnostics
 - Covered 100% – you pay no copay or deductible
- Your doctor draws the blood and submits it to Quest Diagnostics
 - Test is covered 100%; you would have to pay a copay for the doctor's office visit/blood draw

PEBTF Custom HMO

- Regional HMO networks:
 - PEBTF Custom HMO Southeast – Aetna
 - PEBTF Custom HMO Central – Aetna
 - PEBTF Custom HMO West – Aetna
 - PEBTF Custom HMO Northeast – Geisinger
- Smaller network of providers
- Low copayments and no annual deductible

**PCP referral is
required for all
services**

PEBTF Custom HMO – effective January 1, 2017	
PCP Copay	\$5
Specialist Copay	\$10
Urgent Care Copay	\$50
Emergency Room (waived if admitted)	\$150
Annual deductible	\$0

- Only in-network benefits
- Preventive care covered at 100% (Refer to the SPD)

PEBTF Custom HMO

- In-Network benefit only
- You **must** choose an in-network Primary Care Physician (PCP) at time of enrollment
 - Your PCP **must** refer you for all in-network services
- Networks are limited to help keep costs low
 - Very important that you take a look at the plan's network of providers and facilities to ensure that your primary care physician and other providers (e.g., hospitals, physical therapists, urgent care) are in-network before enrolling in the plan.
 - A customized network for PEBTF members is used for this plan.

Plan Buy-Up

(hired on or after 8/1/2003)

- Employees hired on or after 8/1/2003 pay a plan buy-up for the Choice PPO
 - Deducted from their biweekly pay

Buy-Up Amounts for Choice PPO	
In 2016, Post 8/1/03 employees pay	In 2017, Post 8/1/03 employees will pay
• \$979 annual – single coverage (\$37.66 per pay) • \$2,524 annual – family coverage (\$97.07 per pay)	• \$300 annual – single coverage (\$11.54 per pay) • \$600 annual – family coverage (\$23.08 per pay)

Options at a Glance – In Network

In 2016, you pay	
	PPO/HMO
PCP Copay	\$15
Specialist Copay	\$25
Urgent Care	\$15 - \$50 (varies by plan)
Emergency Room (waived if admitted)	\$50
Annual Deductible	\$0
Biweekly PPO Buy-up (Hired on/after 8/1/03)	\$37.66 single (\$979 annually)/ \$97.07 family (\$2,524 annually)



Effective January 1, 2017, you will pay			
	Choice PPO	Basic PPO	HMO
PCP Copay	\$20	\$20	\$5
Specialist Copay	\$40	\$40	\$10
Urgent Care	\$50	\$50	\$50
Emergency Room (waived if admitted)	\$150	\$150	\$150
Annual Deductible	\$300 single/ \$600 family	\$1,000 single/ \$2,000 family	\$0
Annual in-network deductible must be paid first for the following services: Diagnostic tests (labs) if not done at a Quest Diagnostics or LabCorp, imaging, hospital expenses (inpatient and outpatient) and medical/surgical expenses including physician services (except office visits), skilled nursing facility care and home health care.			
Biweekly PPO Buy-Up (Hired on/after 8/1/03)	\$11.54 single (\$300 annually)/ \$23.08 family (\$600 annually)	N/A	N/A

What Will You Pay Under Each Plan

- For PPOs and PEBTF Custom HMO
 - You visit your network PCP for your annual physical
 - You pay \$0
 - You get your annual preventive mammogram
 - You pay \$0
 - Your child has a well-child visit and gets a covered immunization
 - You pay \$0



What Will You Pay Under Each Plan

- For PPOs and PEBTF Custom HMO
 - You visit your in-network PCP for a sore throat
 - \$20 copay (PPOs)
 - \$5 copay (HMO)
 - You visit an in-network specialist
 - \$40 copay (PPOs)
 - \$10 copay (HMO) – referral required
 - You get outpatient physical therapy (in-network provider)
 - \$20 copay (PPOs)
 - \$5 copay (HMO)
 - You sprain your ankle, are treated and released
 - At urgent care, \$50 copay (PPOs & HMO)
 - At the emergency room, \$150 copay (PPOs & HMO)



What Will You Pay Under Each Plan

- For PPOs and PEBTF Custom HMO
 - MRI
 - PPO – covered 100% after you meet the annual deductible
 - HMO – covered 100% in-network (referral required, no deductible)
 - Inpatient surgery – in-network facility
 - PPO – covered 100% after you meet the annual deductible
 - HMO – covered 100% (referral required, no deductible)



Prescription Drug Plan

- Continues to be administered by CVS Caremark
- Continues to have a formulary, which is a list of the preferred drugs
 - 30 day supplies – network pharmacy
 - 90 day supplies
 - Mail order
 - CVS pharmacy
 - Rite Aid pharmacy



Prescription Drug Copay Changes

	Your Copayment Today	Your Copayment Effective January 1, 2017
Prescriptions at a Network Pharmacy		
Up to a 30 Day Supply		
Tier 1: Generic drug	\$10	\$10
Tier 2: Preferred brand-name drug	\$18*	\$20*
Tier 3: Non-Preferred brand-name drug	\$36*	\$40*
CVS - Retail Maintenance & Mail Order		
Up to a 90 Day Supply		
Tier 1: Generic drug	\$15	\$15
Tier 2: Preferred brand-name drug	\$27*	\$30*
Tier 3: Non-Preferred brand-name drug	\$54*	\$60*
Retail Maintenance at a Rite Aid Pharmacy		
Up to 90 Day Supply		
Tier 1: Generic drug	\$20 Rite Aid	\$20 Rite Aid
Tier 2: Preferred brand-name drug	\$36 Rite Aid*	\$40 Rite Aid*
Tier 3: Non-Preferred brand-name drug	\$72 Rite Aid*	\$80 Rite Aid*
*plus the cost difference between the brand and the generic, if one exists		

Get Healthy Program Changes

Through December 31, 2016	Effective January 1, 2017*	Effective July 1, 2017*
Percent contribution 5% (varies)	Contribution rate changes to 2% plus a surcharge of 30% of least expensive plan's premium, which is \$1,616.94 annually/ \$62.19 per pay — employee did <u>not</u> complete wellness screening by 12/31/2015	Contribution rate changes to 2.25% plus a surcharge of 30% of least expensive plan's premium, which is \$1,616.94 annually/ \$62.19 per pay — employee did <u>not</u> complete wellness screening by 12/31/2016
With waiver, percent contribution 2%	Percent contribution 2% — employee completed wellness screening by 12/31/2015	Percent contribution 2.25% — employee completed wellness screening by 12/31/2016
*Union-represented members should refer to relevant collective bargaining agreement for details.		

If you make less than \$53,898, and you do not participate in Get Healthy, you will pay more in the future.

Other Benefits

- Optum continues to administer the mental health and substance abuse benefits
 - Benefits mirror the medical plan option you choose
 - Outpatient mental health office visit copay
 - \$20 – if enrolled in the PPO
 - \$5 – if enrolled in the PEBTF Custom HMO
 - DMEnSion continues to administer the durable medical equipment (DME) prosthetics, orthotics, medical and diabetic supply benefit
- Vision, dental and hearing aid benefits continue with no changes



Making the Right Decision for You and Your Family

1. Take a look at the plans available in your region
2. Check the plan's network of doctors, providers and facilities to see if they participate in the network
 - Important if you are considering the PEBTF Custom HMO because it has a limited network
 - PEBTF Custom HMO offers lowest copayments, no annual deductible and you need a referral for specialist care
3. Determine if you would like an out-of-network benefit – both PPOs offer that
4. Both PPOs have annual deductibles on certain services
5. Consider the buy-up for the Choice PPO –employees hired on/after 8/1/2003 only

Enrollment Instructions

- During Open Enrollment – October 17 – November 4
 - Everyone currently enrolled must make a plan change for January 1, 2017
 - Follow the instructions in the Open Enrollment newsletter mailed to your home in early October or view online at www.pebtf.org
 - When you are ready to select a medical plan, use employee self service or contact the commonwealth's HR Service Center
 - Call your local HR office if your agency is not supported by the commonwealth's HR Service Center
- All enrollments must be done by November 4

For More Information

- Review the Open Enrollment Newsletter – mailed in early October
- Visit www.pebtf.org
 - FAQs
 - Links to medical plans online directories
 - Recorded webinar
- Contact the PEBTF with questions
 - 717-561-4750
 - 800-522-7279
 - Email: openenrollment@pebtf.org



Questions

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- Medical Plans:

Choice PPO - Aetna	1-800-991-9222 www.aetna.com/dse/custom/pebtf
Basic PPO – Highmark	1-888-301-9273 https://providr.highmarkblueshield.com/ ; Select PPOBlue
PEBTF Custom HMO:	
West – Aetna	1-800-991-9222
Central – Aetna	1-800-991-9222
Southeast – Aetna	1-800-991-9222
Northeast – Geisinger	1-800-504-0443